



An Affiliate of the
CANCER SUPPORT COMMUNITY



Gilda's Club South Florida is here for . . .

anyone impacted by cancer —
any type of cancer, newly diagnosed or survivor,
adults, children, teens, their families and friends.

**Cancer doesn't discriminate —
and neither do we.**

Come as you are.

**Membership at Gilda's Club is completely
free of charge.**

HOW DO I BECOME A MEMBER?

Joining is easy! Just call Gilda's Club at 954-763-6776
to schedule a New Member Orientation.

Please visit us online at
www.gildasclubsouthflorida.org



OUR PROGRAM

Gilda's Club South Florida's free program activities vary each month but include:

SUPPORT & NETWORKING GROUPS

- Cancer Support Group
- Family & Friends Support Group
- Grief & Loss Support Group
- Gilda's on the Go Support Groups at off-site locations
- Networking Groups, visit our website for updated list



CHILDREN & TEEN GROUPS

- Preschool Support, ages 2 - 5
- Kids Talk, ages 6 - 12
- Teen Talk, ages 13 - 18

HEALTHY LIVING CLASSES

- Writing & Book Club
- Expressive Arts
- Yoga & Mindfulness
- Exercise & Nutrition



SOCIAL ACTIVITIES

- Seasonal Events
- Adult Socials
- Family Fun Series

EDUCATION

- Cancer lectures on prevention, treatments, procedures, and more
- Research & Hope Conference
- Kids CAN: School-based cancer prevention & education program



Referral and linkages to community resources available.

WAYS TO HELP

Volunteer

Donate

Spread the word

For more ways to help,
call us at 954-763-6776

STAY CONNECTED!

 @GildasClubSouthFlorida

  @GildasClubSFL

Gilda's Club South Florida provides free services to anyone impacted by cancer - men, women, children and teens.

119 Rose, Drive, Fort Lauderdale, FL 33316
www.gildasclubsouthflorida.org • 954-763-6776

